

Support organisations

For volunteers & clients in Northumberland and Tyne & Wear:

The following services are provided at the **Freedom from Torture North East:**

- Counselling services
- Medico-Legal Report (MLR) writing service
- Supervision, support and training of North East colleagues working with survivors of torture
- Working in partnership with Newcastle and North Tyneside NHS Primary Care Trust, the North East centre is developing a model of good practice for working with survivors of torture in primary care

Freedom from Torture North East covers the following areas: Cleveland, County Durham, Cumbria (Carlisle), Northumberland, Tyne & Wear, including: Darlington, Durham, Gateshead, Hartlepool, Middleborough, Newcastle Upon Tyne, North Shields, Redcar, South Shields, Stockton on Tees, Sunderland and Wallsend.

Freedom from Torture North East:

The Alan Smithson Rooms
City House,
1-3 City Road,
Newcastle,
NE1 2AF

Email: northeast@freedomfromtorture.org

Tel: 0191 261 5825

Fax: 0191 222 1211

 www.facebook.com/FreedomfromTorture

Rainbow Home:

A Lunchtime Social & Support group for Lesbian, Gay, Bi and Trans people seeking asylum in the UK or who have not yet settled here.

If you want to come to Rainbow Home please contact: Mesmac – 0191 233 1333 or email janet.owen@newcastle.gov.uk to talk first.



Rainbow Home
A lunchtime social & support group for Lesbian, Gay, Bi & Trans people seeking asylum in the UK, or who have not yet settled here

friendship feels like home
integrating safe space
confidence free vegetarian food
motivation belonging
family inspiration

If you want to come to our group please contact MESMAC - 0191 233 1333 or email janet.owen@newcastle.gov.uk to talk first

 mesmacnortheast.com
 mccnewcastle.org.uk



Picture © West End Refugee Service 2013

How can Support Networks help you?



North of England Refugee Service is a company registered in England and Wales, [No.1091200] and a registered charity, [No.N200100175]

Registered office: 19 Bigg Market, Newcastle Upon Tyne, NE1 1UN, United Kingdom



**For volunteers & clients based in Newcastle;
Gateshead; Northumberland areas:**



West End Refugee Service
strength through support

- **Daily drop-in advice sessions**
 - **Home visits**
 - **Accredited Befriending Scheme**
 - **'Time to Talk' listening service**
 - **Employability programme**
 - **Clothing store**
 - **Hardship fund**
 - **Awareness-raising / education / training programme**
 - **Volunteering opportunities**
- **Please note that WERS does not give immigration advice.**

West End Refugee Service

St Philip's Vicarage
St Philip's Close
Arthur's Hill
Newcastle upon Tyne
NE4 5JE

www.wers.org.uk

Tel: 0191 273 7482

Fax: 0191 256 7862

Email: wers@btinternet.com

 www.facebook.com/pages/WERS-West-End-Refugee-Service/399194936820989?fref=ts

The Comfrey Project

The Comfrey Project works with refugees and asylum seekers on allotment sites across Newcastle and Gateshead aiming to improve their conditions of life and general wellbeing.



Photograph © Comfrey Project 2013

Location of Office

Arch 6,
Stepney Bank,
Newcastle upon Tyne
NE1 2NP

Email: info@thecomfreyproject.org.uk
Telephone: 07584 017117

 www.facebook.com/pages/The-Comfrey-Project/

JET Jobs Education and Training!

A registered charity helping people from the BME (Black Minority Ethnic) community, asylum seekers, refugees and New Migrant communities to find work, improve their skills and to integrate into the community.

Established in 2001, recognising that there was a need to break down some of the barriers many from the ethnic minorities were experiencing when

searching for work. JET developed to help people improve, & to establish useful links with employers & voluntary organisations in the community.

JET can help you improve communication skills, provide guidance to job search more effectively, & look at opportunities for further training for you. We also offer you personal support. JET has supported many hundreds of clients to plan and prepare for their future and improve their confidence. JET also offer the National Careers Service

Locations

- **East end Library**
- **Common Ground**
- **Byker Sands Sure Start**
- **Go West**
- **Westgate College**

**34 Grainger Park Road
Newcastle Upon Tyne
NE4 8RY**

<http://www.jetnorth.org.uk>

Telephone: 0191 273 5761

Email: julie22@jetnorth.org.uk

**For volunteers and clients based in
Sunderland and Washington areas:**

Drop in at St Mary's:

St. Mary's Church Hall,
27 Bridge Street,
Sunderland,
SR1 1TQ.

Wednesday afternoons, 1pm until 4pm